

TerKeurst

UROLOGY CLINIC, PA

DISCHARGE INSTRUCTIONS STATUS POST D/C FOLEY

PLEASE REFER TO MARKED INSTRUCTIONS:

___ Drink eight (8) to ten (10) glasses of fluid a day for the next two (2) days, **unless you are under a fluid restriction**. A high fluid volume will help to prevent a urinary tract infection.

___ You may have a little irritation when you empty your bladder over the next 48 hrs. This is normal. If the pain intensifies or lasts longer the 48 hrs, call our clinic.

___ A warm tub bath or shower will frequently ease any discomfort caused by manipulation of the urethra.

___ The following are signs that you may have a bladder infection. If you develop any of these problems, report them to your physician immediately:

- Severe pain with urination
- Fever 100° or greater
- Persistent blood in the urine
- Unable to pass urine

___ If you encounter any problem, which seems unusual or serious, please call our office.

___ You may pass a few drops of blood when you empty your bladder. This is normal. If you pass clots, or the blood increases, please call our office.

**YOU MAY RESUME ANY BLOOD THINNERS
ONCE YOUR URINE IS CLEAR FOR FIVE DAYS
AFTER YOUR CATHETER IS REMOVED**

PATIENT (FAMILY) SIGNATURE _____

TECHNOLOGIST/NURSE _____ DATE _____